



Elton Primary School & Nursery

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Headteacher – Mr Kevin Manning

Our Ref: PARL 1097

7th February 2023

Dear Parents/Carers,

This week is Children's Mental Health week and today is Safer Internet Day. We will be covering both areas in school with activities and assemblies.

Children's mental health is always an important area for both school and home – especially since the lock-downs during the pandemic. We do a lot of work to support both physical and mental health in school. I was delighted to see in our recent school council-led pupil survey that all our children strongly agreed that our school encourages them to look after their mental, emotional and physical well-being. As you know we have just introduced the My Happy Mind programme in school and details about a free parents' app were shared last week. Please do check it out if you can.

The school council survey all showed that every one of our children felt safe in school and had an adult who they trusted to share any worries with. The vast majority of our children also said they felt well listened to by teachers, were well supported in lessons, were encouraged to be independent and enjoyed their learning. All excellent areas to support a healthy and happy mind.

In today's Safer Internet Day assembly I spoke about how the internet can be great fun but also about how we also need to keep ourselves safe on it. Newsround has some good links about Safer Internet Day: <https://www.bbc.co.uk/newsround/64539298> .

You'll be glad to know that our pupil survey showed that our children feel safe in school both physically but also when online.

Our children also told us that they felt behaviour was very good in class and good around school too: something that all visitors always comment on. I would like to mention however some issues that we've been having with children falling out on social media platforms outside of school. Obviously these fallings out then risk being carried into school where it can disrupt the children's learning and friendship groups. Safer Internet Day seems to be the perfect time to remind parents that most social media accounts require the user to be at least 13 years old. I would ask any parents whose children do use phones or communication apps to regularly check their children's phones and to discuss with them the importance of respectful online behaviour.

I will finish by adding that almost every child in school stated that they would recommend our school to any new family that moved into the area. The close links between home and school go a long way to making our school such an enjoyable place for our children. On that note, look out for this term's stay and learn dates which should be out by the end of this week.

Kind regards

Mr Manning

Headteacher

