

E-SAFETY WARNING

Could you all please advise your students / young people around the dangers of befriending people on sites that they do not know personally. If you can pass a reminder to all that profiles need to be secure and only accessible to those people that they know personally. We have a profile that is targeting our young people by trawling the friends list of people who they have already gained access to. The user of the profile is "LARAELIKKANAT" . They (he or she) is clearly trawling the friends lists of people in a number of schools, colleges internationally and attempting to make "friends" with persons for further contact harassment. We are also working with those that have already been targeted by this user and as a result we now have details of some of the young people who have been identified and therefore will be advising them directly. The profile itself is linked to the Turkish Facebook site and we believe likely to be in the use of an unknown international user. We will be making the relevant international agencies aware once more details are known.

Other than an unhealthy interest in children and a potential for more serious offences there is no suggestion of anything other than nuisance behavior which is sexual in nature. It is important that all children are reminded about who they have as friends and the dangers of accepting friends without knowing who they are . Unfortunately incidents of this nature are becoming increasingly common and there are too many individuals behaving in a similar way to "LARAELIKKANAT" through using social networks to prey on young people.. Whilst no serious offences have been identified here should the male make similar requests to more vulnerable people we could be looking at more serious offences in the future.

If any student / Young Person discloses concerns around this `user` or any similar `user` then could you please sign post them to the `report abuse button` on the sites. They can also report their concerns via 101.

Drug Warning

Police issue warning over legal highs following an incident in Ellesmere Port

At 7.42pm on Friday 19 June Cheshire Police responded to a call of concerns for the welfare of a 15 year old boy who had collapsed at Whitby Park in Ellesmere Port.

Emergency services attended and the boy was taken to the Countess of Chester Hospital for treatment.

Following initial police enquiries it is believed that the boy had taken a 'legal high' called Black Mamba.

Detective Inspector Simon Newell said "I am urging people to not take any so-called 'legal highs' and consider the risk. Although the drugs are given the name 'legal' high it doesn't necessarily mean they are safe to take.

"I would also encourage parents to have a conversation with their children and warn them of the dangers posed by taking these drugs."

Reports also suggest that others within the group may have been suffering from adverse effects of taking the drug and may have become unwell around the same time, although not to the same extent.

DI Newell added, "If people have taken this or any other substances and have concerns about their health they should call 999 and seek immediate medical assistance."

For further information and pictures on Black Mamba visit talk to frank

<http://www.google.co.uk/url?url=http://www.talktofrank.com/drug/synthetic-cannabinoids&rct=j&frm=1&q=&esrc=s&sa=U&ei=BGaIVeGoN4PNygOhupZI&ved=0CBQQFjAA&usg=AFQjCNGQoOcPVK2EpRIWIYPnrjn-D2h7sA>

Guidance: New Psychoactive Substances (NPS) resource pack - updated

In response to the NPS expert panel, the government committed to developing a NPS resource pack for informal educators and frontline practitioners to use to prevent drug taking amongst young people. The pack has been created alongside drug treatment partners. Written for those working with young people

How we deal with legal highs - video

At Oasis we have a campaign aimed at raising awareness of the dangers associated with taking Legal Highs, New Psychoactive Substances (NPS) and Club Drugs

<http://www.talktofrank.com/legalhighs>

<http://www.dailymail.co.uk/news/article-3107260/Deadly-legal-high-Plymouth-21-year-old-coma-five-days.html>

<http://www.theguardian.com/society/2014/aug/13/brick-lane-is-the-uks-laughing-gas-megastore-but-for-how-long>

<http://www.bbc.co.uk/news/uk-england-norfolk-23635161>

YOUNG PERSON'S CONFERENCE :Feedback

Pupils from across Cheshire West gave a unique insight into the issues that matter to them at a pioneering event for professionals working with children and young people. Cyberbullying, legal highs and self-harm were among the topics under the spotlight at the Young Person's Conference which took place on Friday June 5. Pupils from seven primary, special and secondary schools were joined by 56 professionals from sectors including education, health and social care. Each school gave a presentation on their chosen topic which was followed by a discussion about how practitioners could best support them in that area. Titles of presentations from the primary school pupils included The Story of My Life and Special Educational Needs - Voice of the Child. The conference, which took place at Cheshire Constabulary's Winsford headquarters, was the first of its kind in the borough. It was

jointly organised by Cheshire West and Chester Council's Safeguarding Children in Education Team and Cheshire Constabulary's Safer Schools Partnership.

Councillor Nicole Meardon, the Council's Cabinet Member for Children and Families, said: "This event very much turned the tables - it was about children and young people educating the professionals who work with them.

"Many of the topics were difficult and controversial but they were specifically chosen by the children and young people involved because they are important issues in their lives. We received some very positive feedback from the practitioners who have pledged to share the outcomes with their teams to support their work with children and young people. We are very grateful to all the pupils who took part and put such care and thought into their presentations."

The schools that took part were Winsford High Street Primary School, Upton-by-Chester High School, Oaklands Special School, Helsby High School, Hoole Primary School, Elton Primary School and Dee Point Primary School. A flyer advertising the event was designed by pupils from Upton-by-Chester High School who chose the slogan 'Our World. Our Safety. Our Voice'.

At the end of the event, professionals were asked to make pledges on a cut out of their own hand and display this on a wall.

Pledges included:

- *To ensure that we include more about the voice of the child in our training of volunteers to make sure their wishes and feelings are captured when we work with the family.*
- *I pledge to ensure the work I do with the children is what the children need and not what we think they need.*
- *Tell more young people about mental health.*
- *Listen and try to see the world from the child's point of view.*
- *Continue to learn more from our young people and keep listening!!!*
- *Take CAMHS into schools and spread the awareness about mental health and why CAMHS can help a young person 😊*
- *To allow every young person that I work with to share their story. I pledge to take the time to listen even more!!!*
- *To listen – Don't presume that I know best – talk to the child and ask 'What's next?'*
- *Think Deep. Actively Listen. No Presumptions. Remember: we are like snowflakes...*
- *I promise to find about the things that matter to you that I don't know that much about.*

- *I pledge to listen to what you're really telling me! I also pledge to never become a fuddy duddy #fingerscrossed.*

The professionals were also asked to reflect on the day and state: 'what surprised/shocked you?', 'What are you going to do, or do differently, after today?' and 'What else would you like us to know (general comments)?'

- What most shocked professionals was the age of which children and young people access and come into contact with social media and issues such as sexting, cyber-bullying and trolling; also how little the adults and professionals know and understand about social media. Professionals were also surprised about the large amount of legal highs, how quickly they change and how many they didn't know about.
- The majority of the general comments were that professionals wanted the event to be more frequent. Other comments included:
 - *Really useful and enjoyable. Thank you.*
 - *The students have really enjoyed the day and think that it should happen again.*
 - *Great to see young people sharing their views and ideas.*
 - *The whole day has been excellent, I have learnt a lot and been made to view things from a child's/young person's perspective. The multi-agency work with children/young people has been invaluable.*
 - *Fab day! Really well facilitated. Good to hear from young people.*
 - *Brilliant day. Young people were fantastic, a true credit to all involved.*
 - *How enjoyable and well organised it all was.*
 - *The children and young people who presented were fantastic! And very insightful.*
 - *Amazing day – refreshing to hear from young people. Congratulations to all involved.*
 - *Excellent day. Very informative and interesting. Great idea! And great to listen to the young people's views.*

It was also clear from comments during the day, that professionals were surprised how confident and knowledgeable the children and young people were and felt better able to 'challenge and discuss with children some of these very difficult issues.' Also, that 'the confidence and bravery shown by the children [...] proves that children have a voice that needs to be heard.'

Based on the success of the day – a date for next year's conference has already been booked for **10th June 2016**.

E-Safety Officers Programme

Instagram

If you or anyone you are working with are having difficulties with Instagram then please use the links below to find out how you can access help and support.

- [Instagram Help Centre](#)
- [Privacy & Safety Center](#)
- [Report Something](#)

<https://help.instagram.com/446663175382270/>

BRAND NEW CEOP RESOURCE: NUDE SELFIES: What Parents and Carers Need to Know

We're delighted to announce the launch of '*Nude Selfies: What Parents and Carers Need to Know*'. This is a series of four short animated films for parents and carers offering advice on how to help keep their children safe from the risks associated with sharing nude and nearly nude images.

The films aim to help parents and carers:

- Understand young people's motivations for sending nude selfies.
- Plan to respond positively and constructively to an incident in which their child has shared a nude selfie.
- Gain confidence and skills in initiating preventative conversations.
- Identify risky behaviours or situations and know where to seek help.
- Know how to get help if a child is at risk after sharing an image.

The *Nude Selfies* films are accompanied by a guidance pack including a suggested session plan and practitioner guidance for delivering an effective workshop. We would encourage practitioners to use all channels available to disseminate these short films to their communities, such as emailing, texting, tweeting links to them from our www.youtube.com/ceop channel.

They are based on research findings from the European Commission-funded SPIRTO (Self-Produced Images: Risk Taking Online) Project and include:

Film One: Understanding Why

Film Two: Talking to your child

Film Three: When should I be worried?

Film Four: How to get help

The films are based on a two-year qualitative investigation led by the University of Edinburgh in partnership with the University of Linköping (Sweden), Innocence in Danger (Germany) and the CEOP Command of the National Crime Agency.

You can download *Nude Selfies: What Parents and Carers Need to Know* now! You'll find it under the 'Parents' tab in the Resources section of your online account at www.thinkuknow.co.uk/teachers/resources.

Don't forget you'll find plenty more resources for use with children and parents at www.thinkuknow.co.uk/teachers.

Net Aware Updates

Tens of thousands of you have viewed our guide to social networks, games and apps - Net Aware - since January.

12 new apps were added in April

59 apps now feature on the site - including children's top 5: [YouTube](#), [Facebook](#), [Instagram](#), [Snapchat](#) and [Minecraft](#)

[Schools across the country](#) are using Net Aware to raise awareness about keeping safe online.

You might have seen in the news that our CEO Peter Wanless has [made a stand for children](#) and called for social networks to be held to account for the content on their sites.

We will work tirelessly to ensure that children are kept safe online, working with and challenging government and industry to take the steps to ensure that safeguarding children is addressed effectively by social media companies.

What parents need to know:

Gaming guides

Here are a few ways you can monitor your children's gaming habits to keep them safe:

Learn how to [set up parental controls](#) on all gaming devices.
Read about strategies to [manage your child's media use](#).

[Find out more](#)

'Paracetamol' and 'cutting' challenges

There has been a flurry of reports in the media about online challenges circulating on social media, including the 'cutting' and 'paracetamol' challenges.

If you're worried about a child, contact our free helpline on 0808 800 5000

[Advice about self-harm](#)

Parenting for a digital future

The 'On our minds' blog discusses relevant and topical issues for parenting in a digital age.

You can sign up for the blog series to keep up to date with the latest news.

[Sign up for the blog](#)

Worries about web-cam apps

Parents have concerns about apps that allow users to chat via web-cam, such as [oovoo](#), [Omegle](#) and [Meow Chat](#).

Talking to your child is one of the best ways to keep them safe. We also urge all parents to look at the advice for each app on Net Aware.

[Read our advice](#)

Apps in the media:

Swarm - have updated their app to allow users to directly message friends of friends. So, when you come across a user in the app with whom you have a mutual friend, you can now send them a direct message.

Lego Worlds - currently only on Steam (a gaming platform), a construction and exploration game akin to Minecraft.

Qwiddle - an online piggy bank for children, helping children learn how to manage their own pocket money. It is powered by PayPal and owned and controlled by the parent/ carer, so children can't spend any money without parental permission.

Periscope, Meerkat and YouNow - these are all live-streaming apps, which allow users to web-cam anyone in the world.

YouTube - are introducing a new dedicated site and app for gaming, which they plan to launch later this Summer.

